**Bellwork Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif |
| **1.** | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gifA person with \_\_\_\_\_\_\_\_ is said to have a high degree of wellness. |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | a healthy emotional life |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | friends and family |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | good safety habits |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | a balanced life |
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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif |
| **2.** | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gifWhat is the goal of health education? |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to balance physical and emotional health |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to give people the tools for living a long time |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to teach people to use their seatbelts |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to help people achieve a balanced diet |
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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif |
| **3.** | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gifWhich is NOT a goal of Healthy People 2010? |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to remove health differences among Americans |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to increase the quality of health enjoyed by all Americans |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to teach people to let their doctors make their health decisions |
|  | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to get people and their communities to work together to improve their health |

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