**Bellwork Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | | | | |
| **1.** | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif A person with \_\_\_\_\_\_\_\_ is said to have a high degree of wellness. | |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | a healthy emotional life |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | friends and family |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | good safety habits |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | a balanced life |
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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | | | | |
| **2.** | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif What is the goal of health education? | |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to balance physical and emotional health |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to give people the tools for living a long time |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to teach people to use their seatbelts |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to help people achieve a balanced diet |
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| http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | | | | |
| **3.** | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif Which is NOT a goal of Healthy People 2010? | |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **A)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to remove health differences among Americans |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **B)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to increase the quality of health enjoyed by all Americans |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **C)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to teach people to let their doctors make their health decisions |
|  | | http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | **D)**http://glencoe.mheducation.com/olcweb/styles/shared/spacer.gif | to get people and their communities to work together to improve their health |

**Bellwork Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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