**Health Bellwork 10-1 Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Which is NOT a consequence of bulimia nervosa?

 A) Dehydration

 B) Loss of tooth enamel

 C) Kidney damage

 D) Low bone density

What is a drawback to being underweight?

 A) You put too much strain on your bones and muscles.

 B) You increase the risk of heart disease.

 C) You may have high blood pressure.

 D) You may be tired and unable to fight illness.

Which is the most variable factor in determining proper weight for teens?

 A) Gender

 B) Age

 C) Growth rate

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